



Continuous Building Performance Optimization and Decarbonization

Adam McMillen, Allie Periman & Doug Sitton

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Introductions



Adam McMillen

Director of Sustainability
IMEG



Allie Periman

Building Performance
Consultant
IMEG



Doug Sitton, PE

Sr. Principal
IMEG

Learning Objectives

1. Explain the value and process of establishing an energy efficiency and decarbonization plan that maximizes return-on-investment.
2. Describe how the energy and carbon master planning process integrates with master planning, planning/design/construction, and facility management.
3. Describe how the energy and carbon master planning process integrates with asset management and reliability centered maintenance.
4. Describe the value of BAS/metering optimization and monitoring and analytics in measuring and sustaining building performance.
5. Review a health system's process and approach to integrating all of these initiatives into one customized, comprehensive, continuous program.

Healthcare Decarbonization Drivers

- U.S. health sector = 8.5% of national carbon emissions
- HHS Health Sector Climate Pledge: 133 orgs/900 hospitals
- Purpose: connection between health and environment; staff/patient expectations
- Financial: reduce energy/O&M costs; capture funding
- Regulatory: compliance; certification



HHS Health Sector Climate Pledge

- At minimum, **reduce organizational emissions by 50% by 2030** (from a baseline no earlier than 2008) and achieve **net-zero by 2050**, publicly accounting for progress on this goal every year.
- Designate an executive-level lead for their work on reducing emissions by 2023 or within six months of signing the pledge and conduct an **inventory of Scope 3 (supply chain) emissions by the end of 2024**.
- Develop and release a **climate resilience plan** for continuous operations **by the end of 2023 or within six months of signing the pledge**, anticipating the needs of groups in their community that experience disproportionate risk of climate-related harm.

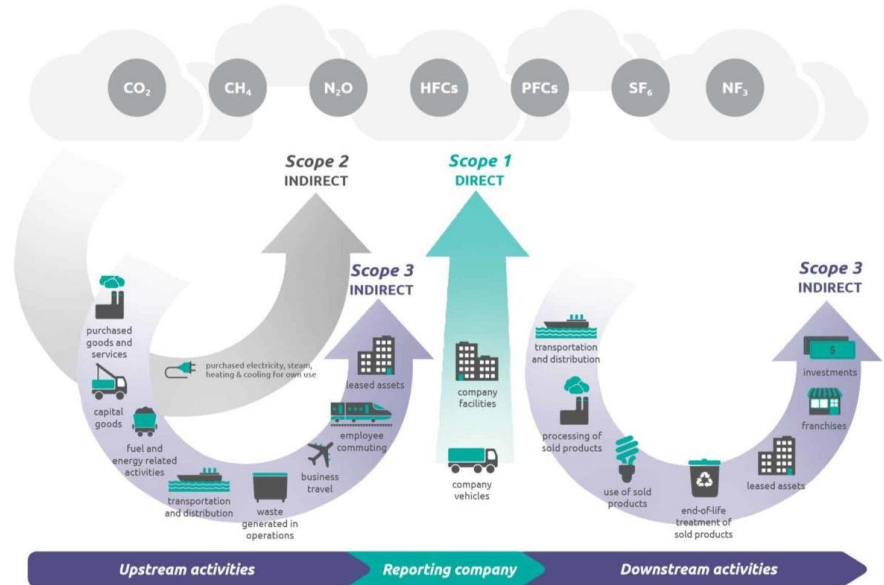


Carbon Emissions

- Scope 1: direct, controlled
- Scope 2: indirect, purchased
- Scope 3: supply chain

- Operational Scopes 1 & 2
 - Existing buildings
 - New construction/renovation

- Embodied Scope 3
 - New construction/renovation

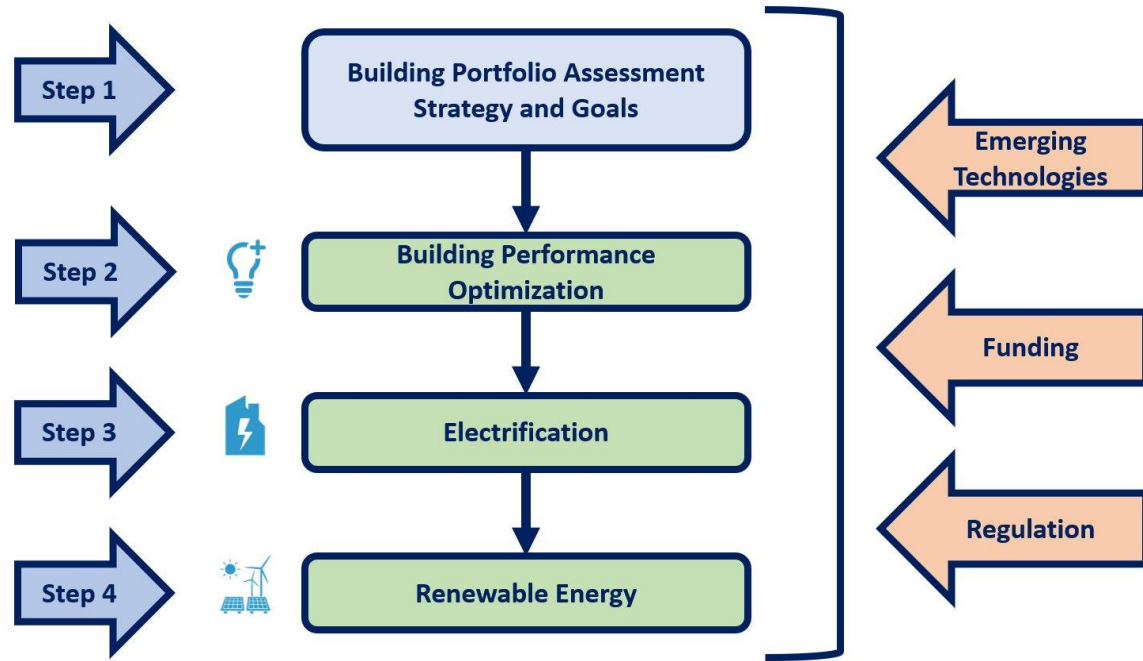


Decarbonization Obstacles

- Financial and staffing resources
- Patient care is top priority
- Changing building portfolio
- Changing external landscape
 - Regulations
 - Funding
 - Emerging technologies



Portfolio-wide BPO & Decarbonization



Reducing energy (financial) and carbon (environmental) in one integrated process.

Dynamic Planning Process (vs. Static Plan)

- Comprehensive, continuous, integrated process
- Portfolio-wide – existing and new/PDC and FM
- Customized and adaptable to changing landscape
- Continuous verification and improvement
- Recurring planning/review sessions



Static plans are immediately outdated in today's fast changing world.

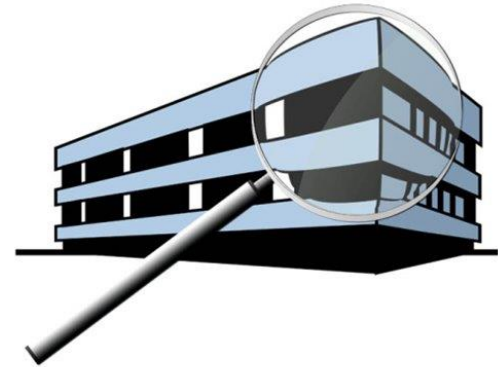
Value of Dynamic, Integrated Process

- Maximized and sustained energy/O&M cost savings and carbon emission reduction
- Optimized and sustained space comfort/health
- Enhanced building knowledge and collaboration
- Continuous feedback loops
- Avoidance of silos, gaps, duplications, reboots, wasted effort, loss of momentum
- Peace of mind



Step 1: Building Portfolio Assessment

- Today-2030-2050
- Rightsizing
- Adapting to ongoing changes
 - New buildings/additions
 - Renovations
 - Closures/divestments
- Preparing for:
 - Electrification
 - Emerging technologies



Step 1: Goals

- Energy use
- Energy use intensity
- ENERGY STAR
- Carbon emissions
- Payback/return-on-investment
- Facility condition index
- Certifications



Step 1: Strategy/Plan Components

- Utility Analytics
- Planning and Tracking – Building, Project, O & M
- Commissioning/Retro-commissioning/Monitoring-based Commissioning
- Building Controls/Metering
- Design Guidelines
- Central Utility Plant
- Electrification
- Renewable Energy
- Funding and Building Performance Reporting Programs
- Integration of FM/PDC Processes



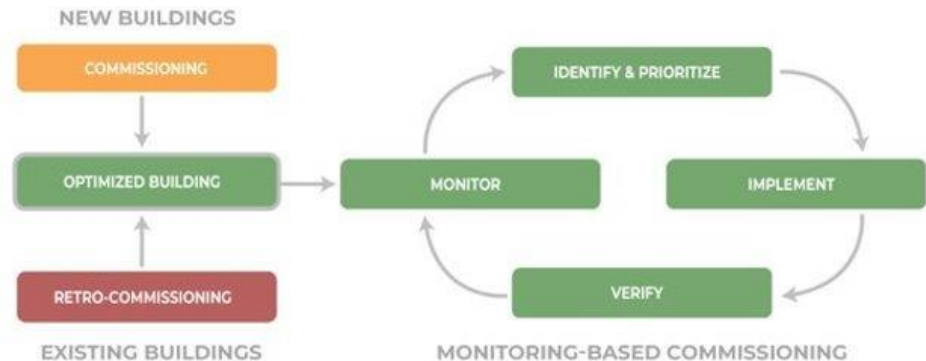
BPO Integration with PDC and FM

- Master planning
- Reliability centered maintenance
- Maintenance management
- Asset management
- Compliance
- Resiliency
- Embodied carbon



Step 2: Reducing Energy Use

- **Retro-commissioning:** 10-20% energy reduction
 - 0-2 year payback
- **Capital energy efficiency measures:** 10-20% energy reduction
 - 2-10 year payback
- **Capital program/infrastructure renewal:** 10-20% energy reduction
 - Design guidelines
 - Performance targets (OPR)



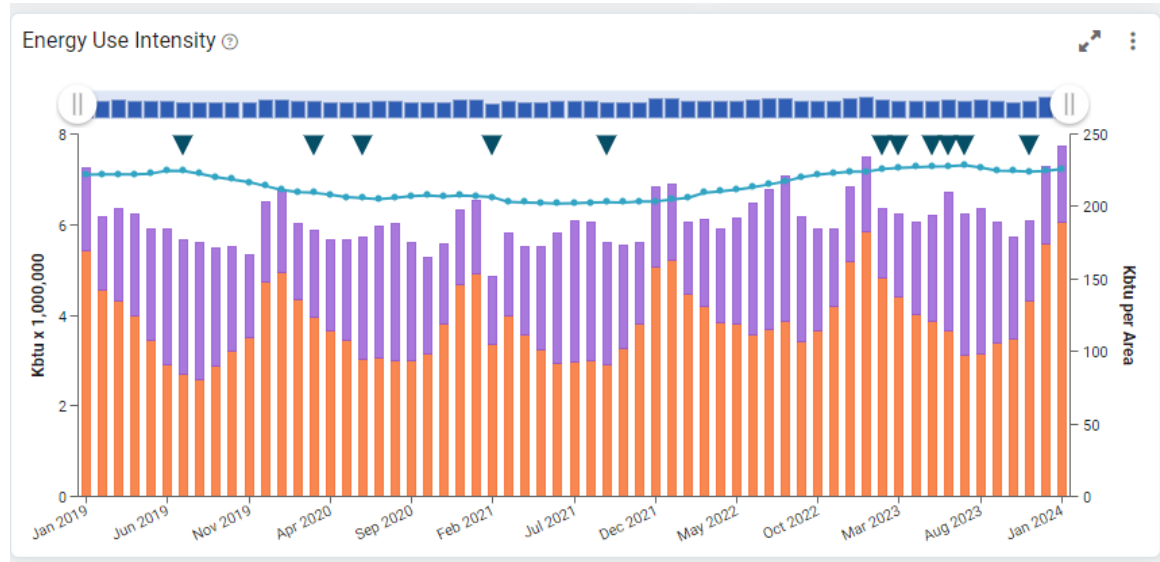
Step 2: RCx-MBCx Results

- Annual Energy Savings: \$10,000,000+
- Utility Incentives: \$10,000,000+
- **Simple Payback (Years): 0.64**
- Buildings: 200+
- Square Footage: 25,000,000+



Step 2: Performance Tracking and Analytics

- System
- Campus
- Building
- Equipment
- Project

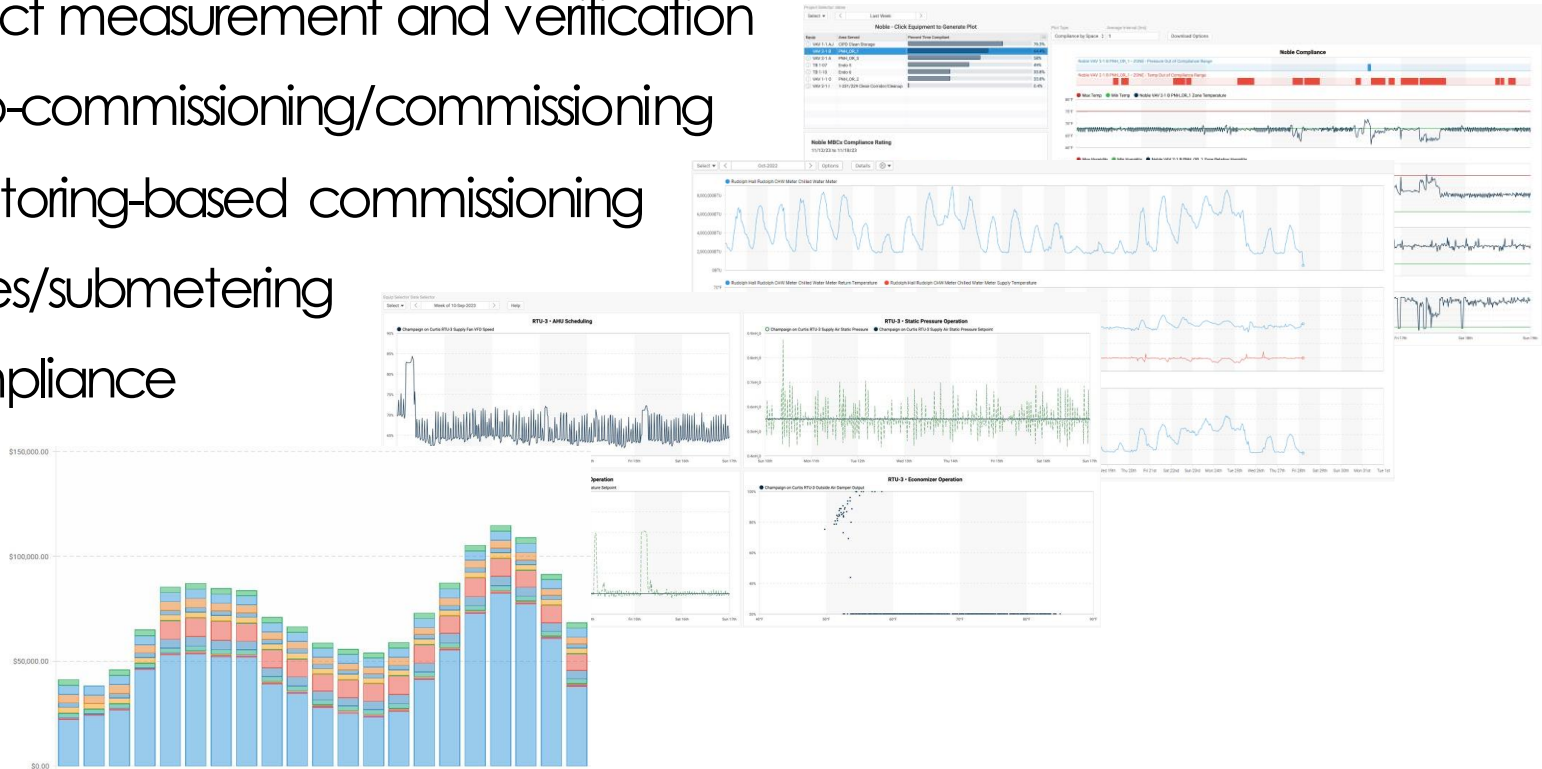


Impacts: projects, O & M

Reporting: ENERGY STAR, ASHE Energy to Care, BPS programs

Step 2: Monitoring and Analytics

- Project measurement and verification
- Retro-commissioning/commissioning
- Monitoring-based commissioning
- Utilities/submetering
- Compliance



Parkview Health-IMEG (2019-) - IN/OH

- 5+ million square feet, 11 hospitals
- Energy Savings Results
 - **Total Savings Last 5 Years: \$3.9M**
 - **Current Annual Savings: \$1.5M**
 - **RCx Payback: < 1.5 years**
- EUI* vs. 2020: **-16.58%**



*EUI of hospitals not yet included: **+3.77%**

Parkview Health-IMEG (2019-) - IN/OH



EUI Tracking
Parkview Health



RCx Buildings

Buildings	2023 Square Footage	Changes in EUI			
		2021 vs 2020	2022 vs 2021	2023 vs 2022	2023 vs 2020
Huntington Hospital	135,188	-11.42%	2.00%	-10.12%	-18.79%
Huntington MOB	34,396	-20.86%	9.80%	-9.44%	-21.31%
LaGrange Hospital	77,906	-10.20%	-0.73%	-6.03%	-16.23%
LaGrange MOB	17,332	3.05%	1.98%	-2.63%	2.33%
PRMC Campus	2,024,206	-1.06%	-6.64%	-2.53%	-9.97%
Wabash Hospital	82,460	-3.86%	-4.04%	-3.45%	-10.92%
Wabash MOB	32,258	-6.84%	2.51%	-1.10%	-5.56%
Composite EUI	2,403,746	-8.65%	-5.66%	-3.20%	-16.58%

Pre-RCx Buildings

Buildings	2023 Square Footage	Changes in EUI			
		2021 vs 2020	2022 vs 2021	2023 vs 2022	2023 vs 2020
DeKalb Hospital	252,962	-0.31%	0.00%	3.69%	3.36%
DeKalb MAC-99	15,000	-1.75%	4.69%	-12.86%	-10.37%
DeKalb MAC East	37,481	1.25%	-8.03%	-25.53%	-30.65%
DeKalb MAC West	16,334	3.20%	0.25%	-16.51%	-13.62%
Noble Hospital	117,225	8.99%	2.30%	-3.37%	7.74%
Randallia Hospital	853,848	-1.17%	4.83%	3.09%	6.81%
Whitley Hospital	109,961	1.64%	0.34%	-10.43%	-8.65%
Whitley MOB	61,746	-2.91%	-1.91%	-8.67%	-13.03%
Composite EUI	1,464,557	0.17%	2.99%	0.59%	3.77%



HSHS-IMEG Results (2013-) - IL/WI

- 7+ million square feet, 15 hospitals
- Estimated Savings Results:
 - **Annual Energy Savings: \$1,328,738**
 - **Utility Incentives: \$1,418,083**
 - **Payback: 0.61 years**



Step 2: Design Guidelines

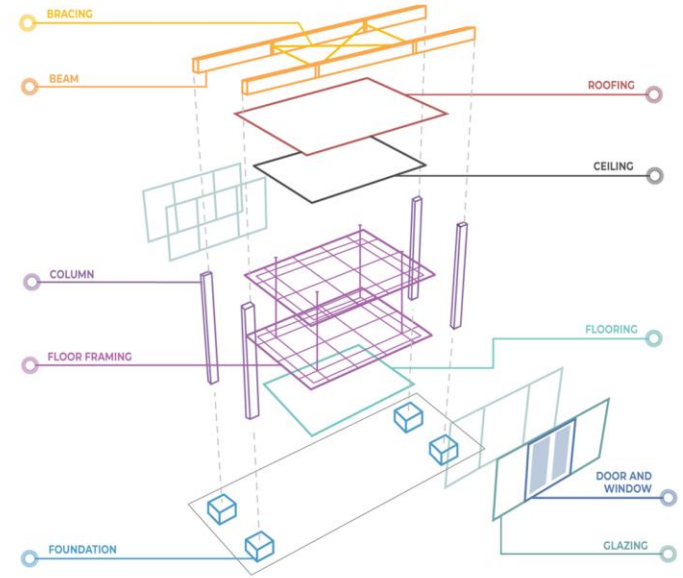
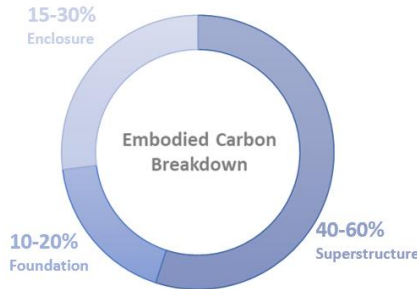
- **Operational carbon (Scopes 1 and 2)**
 - Building envelope
 - Building orientation
 - LED lighting and controls
 - HVAC systems efficiency and controls
 - Electric systems or preparation for future electrification



Step 2: Design Guidelines

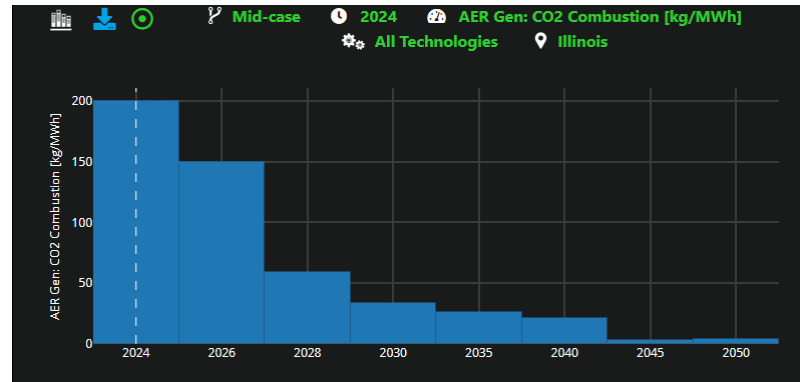
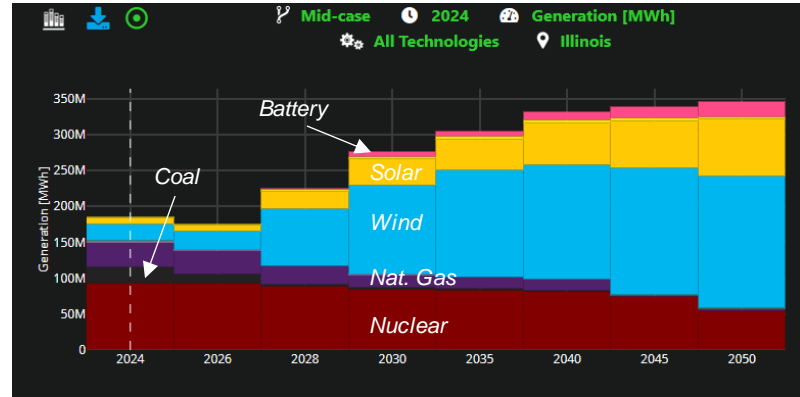
- **Embodied carbon (Scope 3)**

- Material Selection
 - Prioritize low-carbon materials
- Optimize Design
 - Durability and longevity
 - Reduce material usage
- Modular Construction
- Local Sourcing
- Recycling and Reuse



Step 3: Electrification

Preparing for a cleaner grid to come



Step 3: Electrification



ELECTRIFICATION

INVENTORY DISTRIBUTION

- piping and coils for conversion to low temperature HW

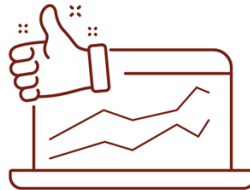


1 ASSESS CARBON FOOTPRINT

- Operational Carbon
- Embodied Carbon

REDUCE HEATING LOAD

- Conduction
- Infiltration
- Outside air treatment



2 OPTIMIZE BUILDING PERFORMANCE

- Energy modeling
- Monitoring & Analytics

CONVERT TO AN ELECTRIFIED

SOURCE:

- Geothermal
- Air source heat pump
- Hot water storage tanks
- Heat recovery (data center, ice rink)



3 INTEGRATE RENEWABLE ENERGY

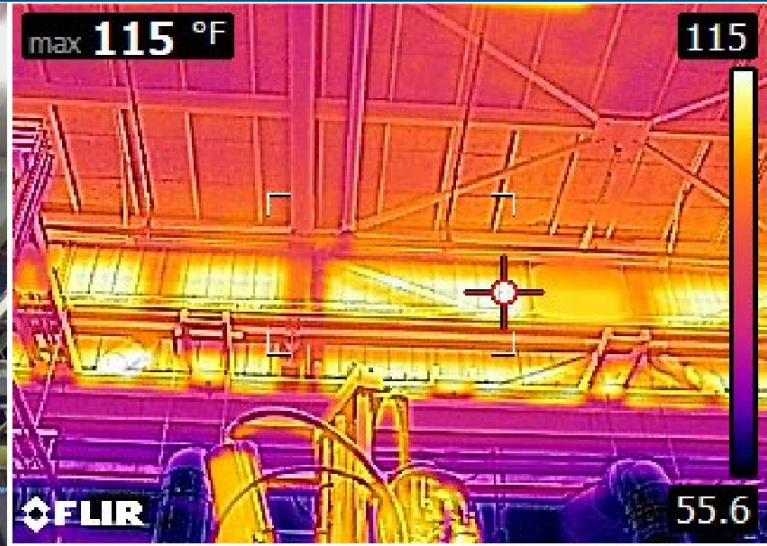
- Consider on - site and off - site options
- Identify path to net zero energy and carbon neutral

Step 3: Electrification – Inventory

Component	Quantity	Scope
Steam boilers (10040 lb/hr each)	3	Replace with electric boilers, air source heat pump, geothermal, or hybrid combination of these
Steam to HW heat exchanger	2	Remove or replace for conversion to LTHW*
AHU	9	Convert steam heating coils to LTHW
AHU humidification	7	Replace with electric or adiabatic
Duct mounted humidification	14	Replace with electric or adiabatic
VAV boxes	513	Test heating capacities at LTHW, replace as required to meet load
Radiant ceiling panels	all patient rooms	Test heating capacities at LTHW, replace as required to meet load
Baseboard	7	Test heating capacities at LTHW, replace as required to meet load
Steam unit heaters (304 Mbh each)	5	Convert from steam to LTHW, extend HW piping (304 Mbh each)
HW unit heaters (~70 Mbh each)	4	Test heating capacities at LTHW, replace as required to meet load
HW cabinet heaters (~50 Mbh each)	13	Test heating capacities at LTHW, replace as required to meet load

*LTHW - Low Temperature Hot Water (130-135F is maximum HW supply temperature for current heat pump technology)

Step 3: Electrification – Reduce Load



DOAS Energy
Recovery Wheel



Passive Resilience

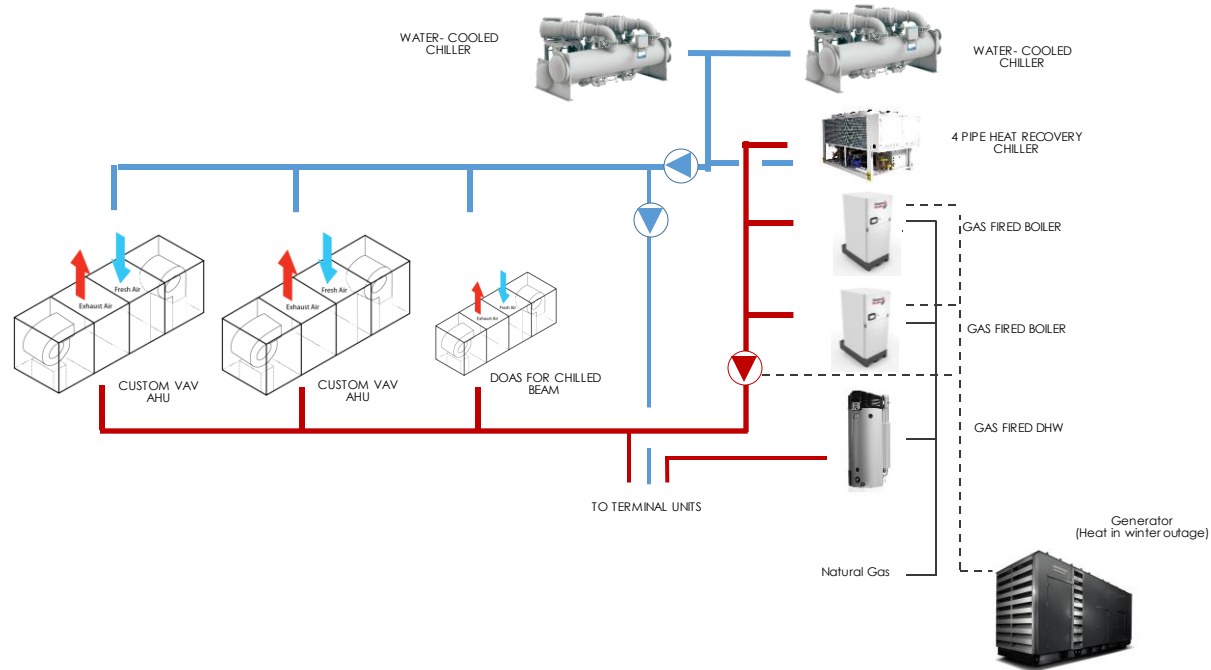
Step 3: Electrification – Options

Generating HWS

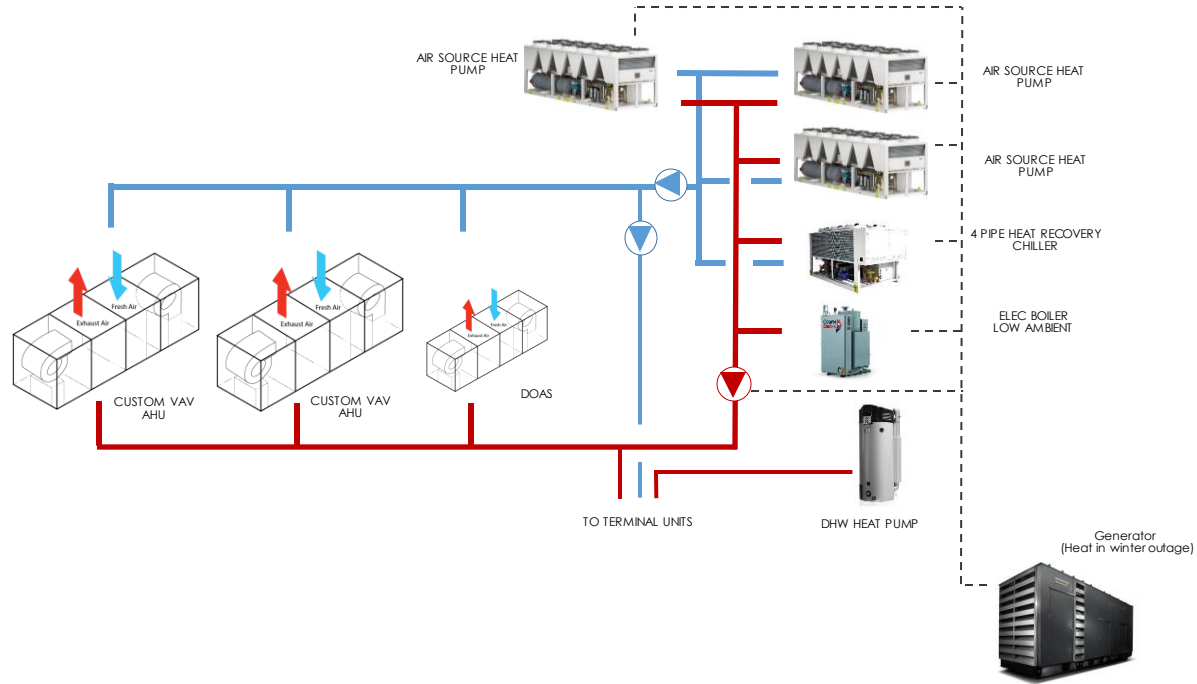


	Electric resistance	Air Source Heat Pump	Heat recovery chiller	Geothermal WTW HP
Minimum OA operating temp.	NA	0 - 15 F	NA	NA
Heating COP	1.0	2.0 - 3.5	3.5 - 7.0	4.0 - 5.5
Key Benefit	Lowest first cost	Energy cost on par with gas when OA >30F	High COP at any OA temp	Ground heat exchange, not air
Key Limitation	High energy cost 3x+	Minimum OA temp Low HWS temp Capacity falls off as OA drops	Only handles simultaneous load Maintenance and min. load	Well field size and cost
Max HWS temp	Same as gas	125 - 130 F	130 - 140 F	130 - 140 F

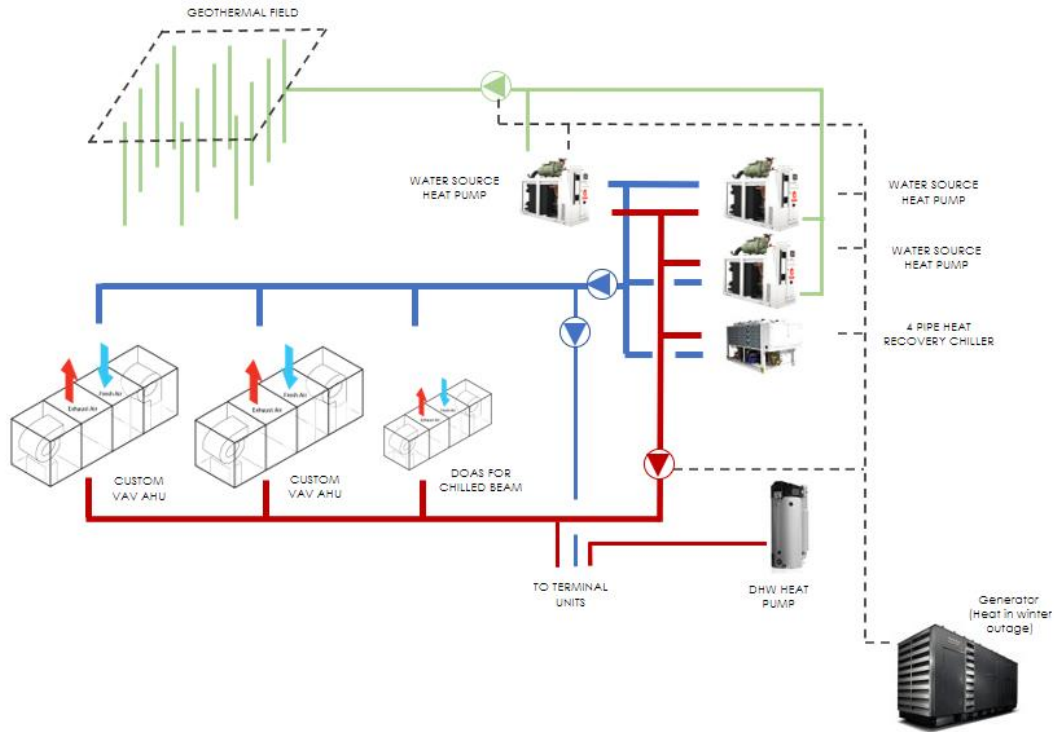
Step 3: Electrification – Traditional



Step 3: Electrification – Options



Step 3: Electrification – Options



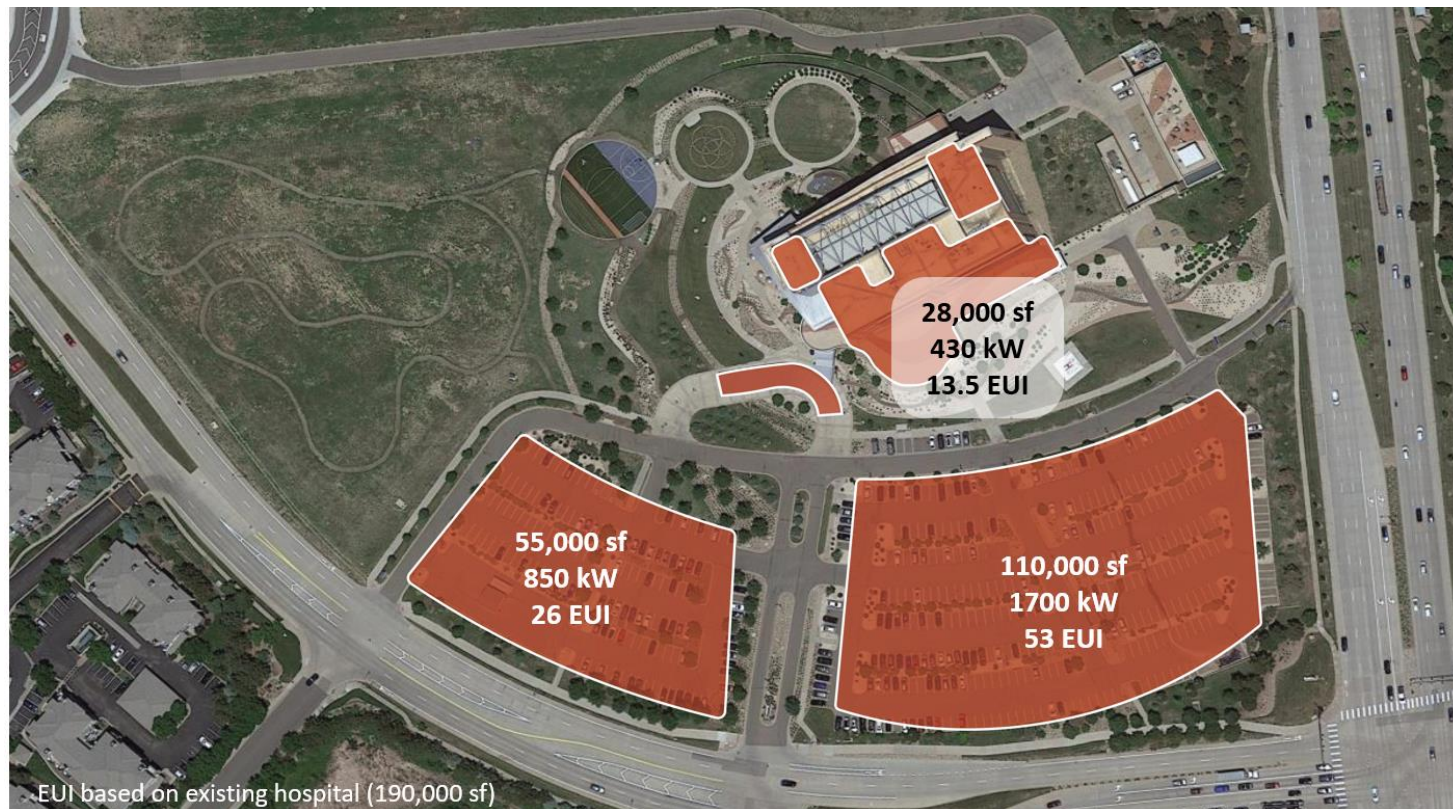
Step 4: Renewable Energy

- Options
 - On-site
 - Off-site (virtual/physical)
 - RECs
- Factors
 - Pace of decarbonization
 - Future energy costs



Eastpark Medical – UW Health (1.1 MW)

On-Site Generation



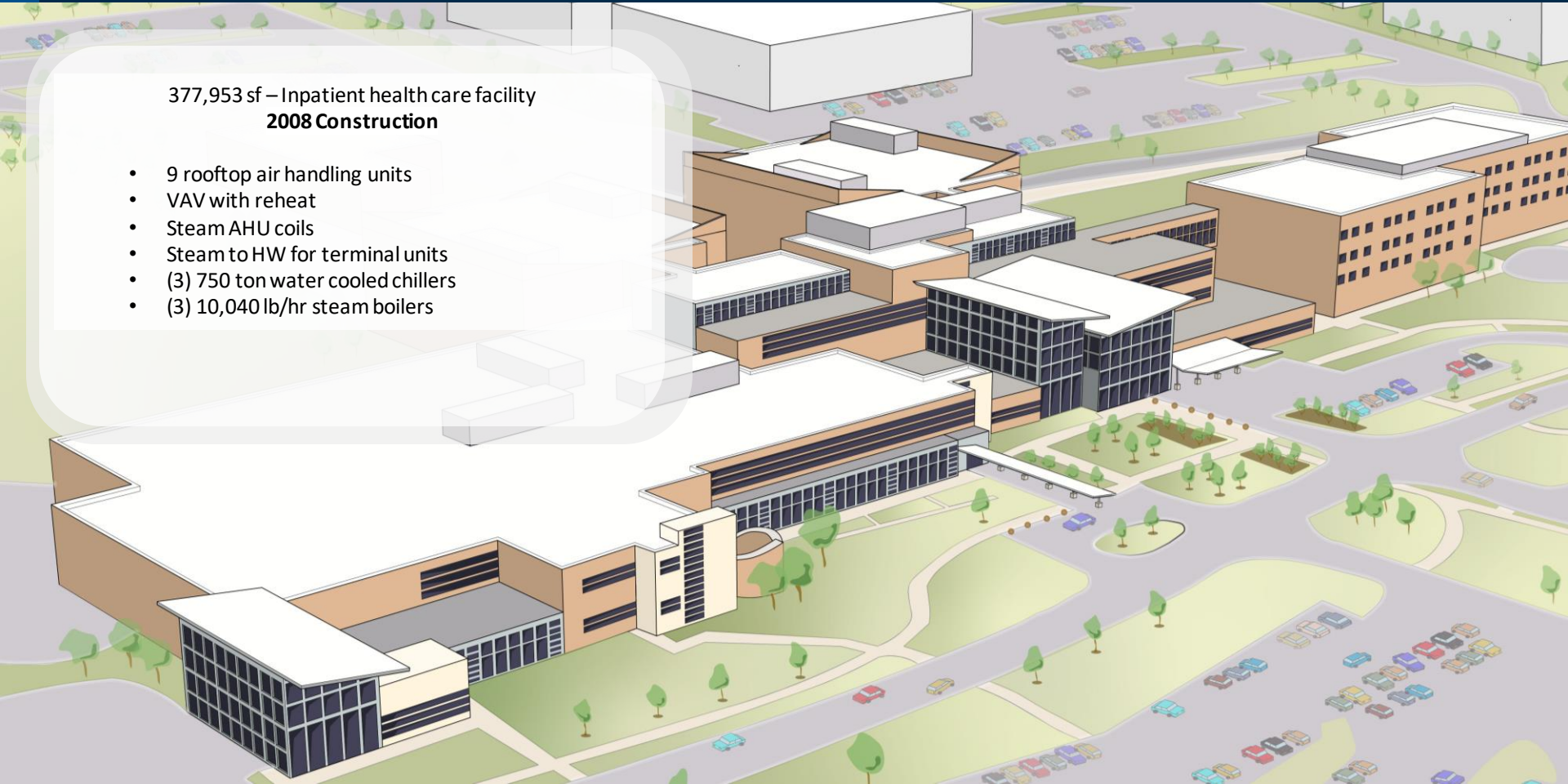
An aerial photograph of a dense forest. The trees are mostly green, but there are several large patches of yellow and light green, suggesting autumn foliage. The perspective is from directly above, looking down on the canopy.

DECARBONIZATION
Midwest Healthcare - Inpatient

Site Overview

377,953 sf – Inpatient health care facility
2008 Construction

- 9 rooftop air handling units
- VAV with reheat
- Steam AHU coils
- Steam to HW for terminal units
- (3) 750 ton water cooled chillers
- (3) 10,040 lb/hr steam boilers





DECARBONIZATION

FOUNDING PILLARS

1

ASSESS CARBON FOOTPRINT

Understand major
sources of carbon
emissions

2

OPTIMIZE PERFORMANCE

Minimize operational
carbon

3

ELECTRIFICATION

Eliminate the use of
fossil fuels on site

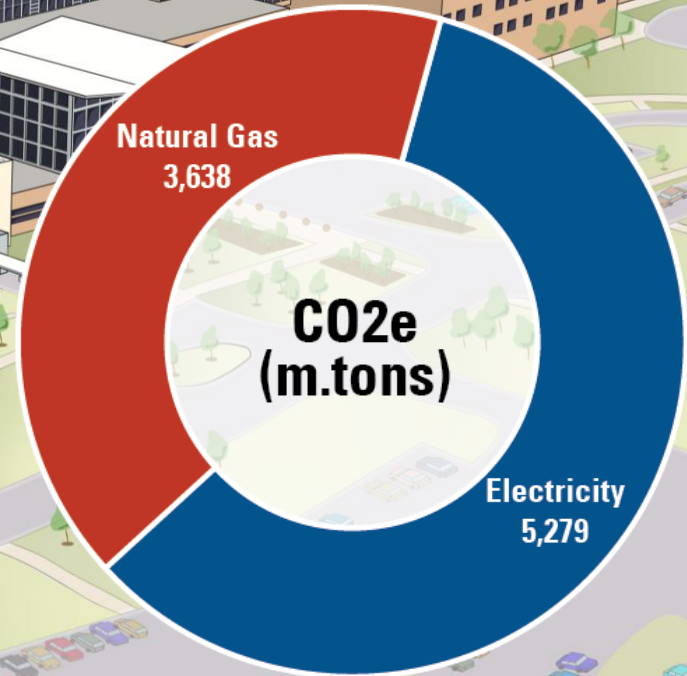
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OFFSET WITH RENEWABLES

Consider on-site,
off-site and storage
solutions

1. Assess Carbon Footprint

Current site **EUI – 282** kBtu/sf/yr
Annual KWH (2022) – 11,133,696
Annual Therms (2022) – 686,324
EnergyStar score – 42



2. Optimize Energy Use



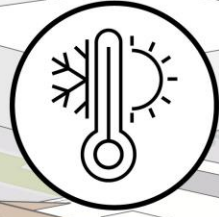
LED LIGHTING



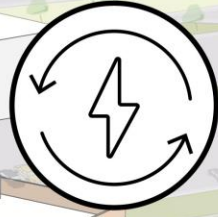
RETRO - CX



MONITOR
BASED - CX



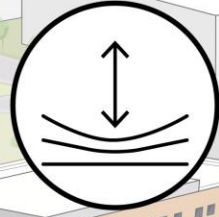
HVAC
CONTROLS



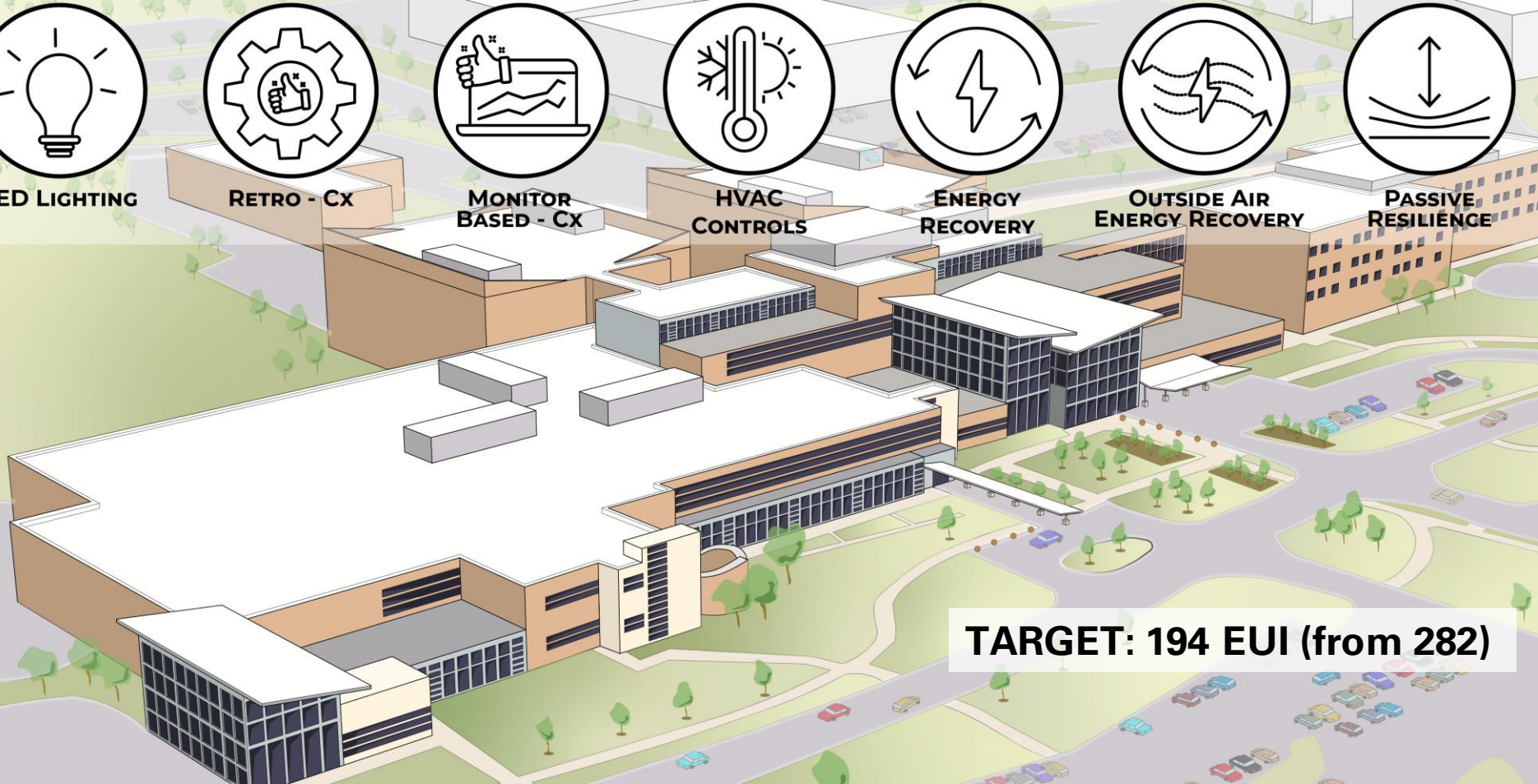
ENERGY
RECOVERY



OUTSIDE AIR
ENERGY RECOVERY

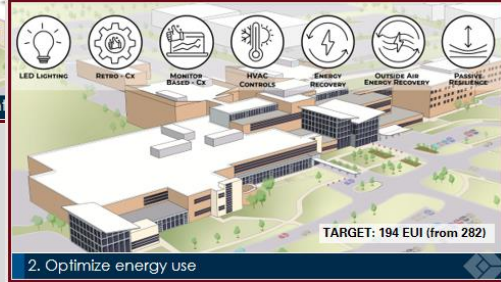
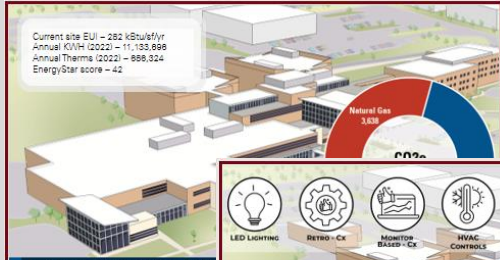


PASSIVE
RESILIENCE



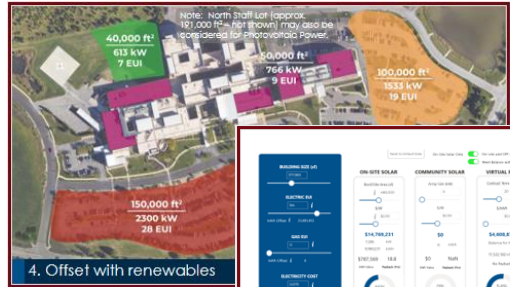
TARGET: 194 EUI (from 282)

Key Steps



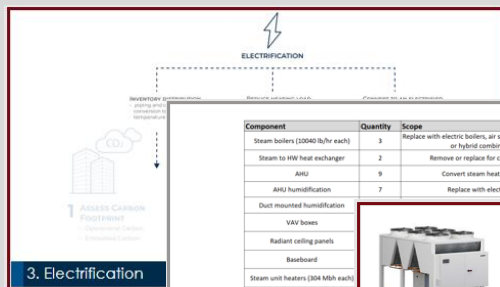
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2
OPTIMIZE



4

RENEWABLES

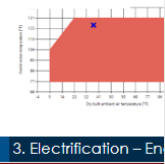


3
ELECTRIFICATION

Component	Quantity	Scope
Steam boilers (20000 btu/hr each)	3	Replace with electric boilers, air source heat pump, geothermal, or hybrid combination of these
Steam to HW heat exchanger	2	Remove or replace for conversion to LTHW*
AHU	9	Convert steam heating coils to LTHW
AHU humidification	7	Replace with electric or ultrasonic
Duct mounted humidification		
VAV boxes		
Radiant ceiling panels		
Baseboard		
Steam unit heaters (304 Mwh each)		
HW unit heaters (*10 Mwh each)		
HW cabinet heaters (*10 Mwh each)		

*LTHW: Low Temperature Hot Water (130°F)

3. Electrification – Inven



Objective:

- Maximum HW supply temperature of 130-135F
- Existing HW coils designed for 180F; will lose capacity at LTHW

Approach:

Traditional Gas Fuel Boiler

Electric resistance Air Source Heat Pump Heat recovery chiller Geothermal MTH HP

Minimum OA cooling temp.	1.0	2.5 - 5.5	N/A	N/A
Heating COP	1.0	2.5 - 5.5 <td>1.5 - 1.8 <td>4.0 - 5.5 </td></td>	1.5 - 1.8 <td>4.0 - 5.5 </td>	4.0 - 5.5
Key Benefit	Lowest first cost	Energy efficient and with gas savings CAZP	High COP of air CAZP	Simple near no-maintenance
Key limitation	High energy cost 3x*	Low PHS 200F	Only variable amplitude heat exchanger and low temp	High first cost and poor
Max HWS temp	180 + 100 F	130 + 100 F	130 + 100 F	130 + 100 F

3. Electrification – Convert to an electrified source

4. Offset with renewables

- Aligned with 194 EUI target and all electric building
- Assumes all available area used for solar
- Could save to reduce capital outlay
- Can shift more to VPPA procurements
- Assumed average electricity cost is \$0.079 based received from OhioEnergy

ON-SITE SOLAR: \$14,769,231 (100% offset), \$14,769,231 (100% offset)

COMMUNITY SOLAR: \$0 (0% offset), \$0 (0% offset)

VIRTUAL PPA: \$14,769,231 (100% offset), \$14,769,231 (100% offset)

100% RENEWABLE ENERGY

194 EUI TARGET

14,769,231 kWh COST

14,769,231 kWh RENEWABLE ENERGY

IMEG

Component	Quantity	Target	Notes
Electricity	1,138,898 kWh	1,138,898 kWh	Assumes all electric building
Gas	888,024 Therms	0 Therms	Assumes all electric building
Water	1,138,898 gal	1,138,898 gal	Assumes all electric building
CO2	1,138,898 lbs	1,138,898 lbs	Assumes all electric building
Energy	1,138,898 kWh	1,138,898 kWh	Assumes all electric building
Water	1,138,898 gal	1,138,898 gal	Assumes all electric building
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Water			

3. Electrification – Enable Low Temp Hot Water

Objective

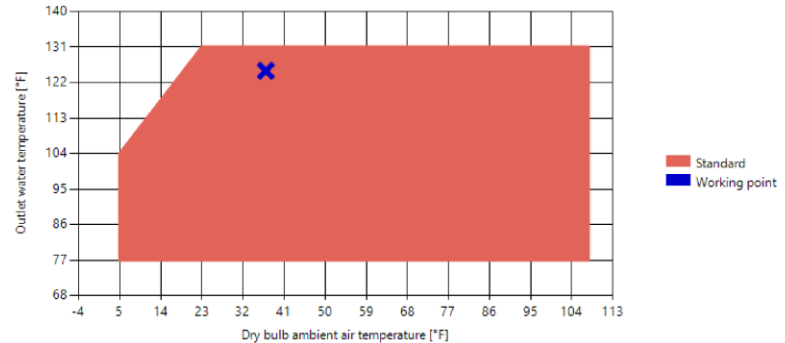
- Maximum HW supply temperature of 130-135F
- Existing HW coils designed for 180F; will lose capacity at LTHW

Approach

- Check existing coil cut sheet capacities vs. load
- Trend coil valve position in BAS to find critical coils
- Reduce HW in the building over time to confirm problem areas

Outcome

- Some HVAC coils will be sufficient as they are – others will need to be replaced



3. Electrification – Convert to an Electrified Source

Traditional Gas
Fired Boiler



COP: 0.8

HWS Temp 180 F



Electric resistance

Air Source Heat Pump

Heat recovery chiller

Geothermal WTW HP

Minimum OA
operating temp.

NA

0 - 15 F

NA

NA

Heating COP

1.0

2.0 - 3.5

3.5 - 7.0

4.0 - 5.5

Key Benefit

Lowest first cost

Energy cost on par with gas
when OA >30F

High COP at any OA temp

Ground heat exchange, not air

Key Limitation

High energy cost 3x+

Minimum OA temp
Low HWS temp
Capacity falls off as OA drops

Only handles simultaneous load
Maintenance and min. load

Well field size and cost

Max HWS temp

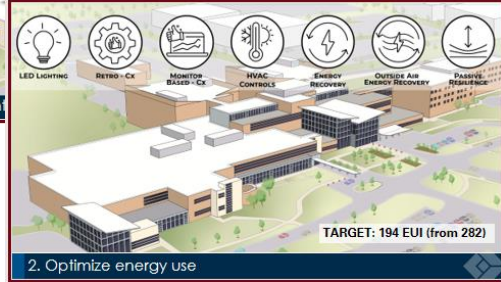
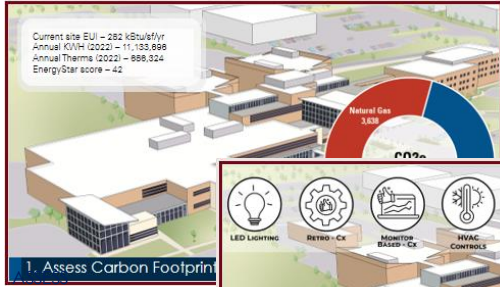
Same as gas

125 - 130 F

130 - 140 F

130 - 140 F

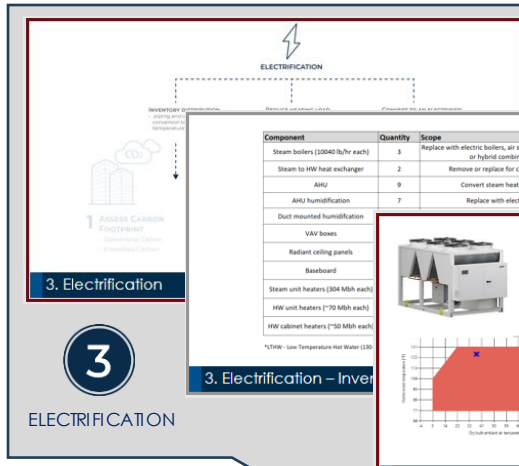
Key Steps



1

2

OPTIMIZE



3

ELECTRIFICATION

3. Electrification – Inven



3. Electrification – En

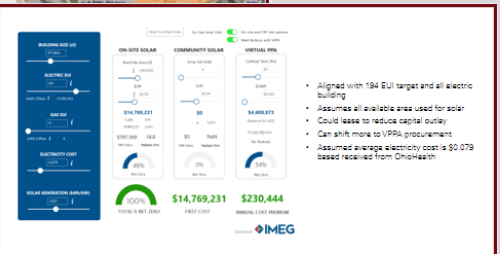
	Electric resistance	Air Source Heat Pump	Heat recovery chiller	Geothermal WTHW
Minimum OA cooling temp.	1.0	0 - 18*	N/A	N/A
Heating COP	1.0	2.5 - 3.5	3.5 - 5.0	4.0 - 5.5
Key Benefit	Lowest first cost	Energy efficient due to high COP and high efficiency CA ramp	High COP of air CA ramp	Simple near zero change, no air
Key Limitation	High energy cost 3¢	Climate: Not all air CA zones	City: High ambient humidity and high humidity zone	High first cost and poor
Max HW temp	180 + 100 F	130 + 100 F	130 + 100 F	130 + 100 F

3. Electrification – Convert to an electrified source



4

RENEWABLES

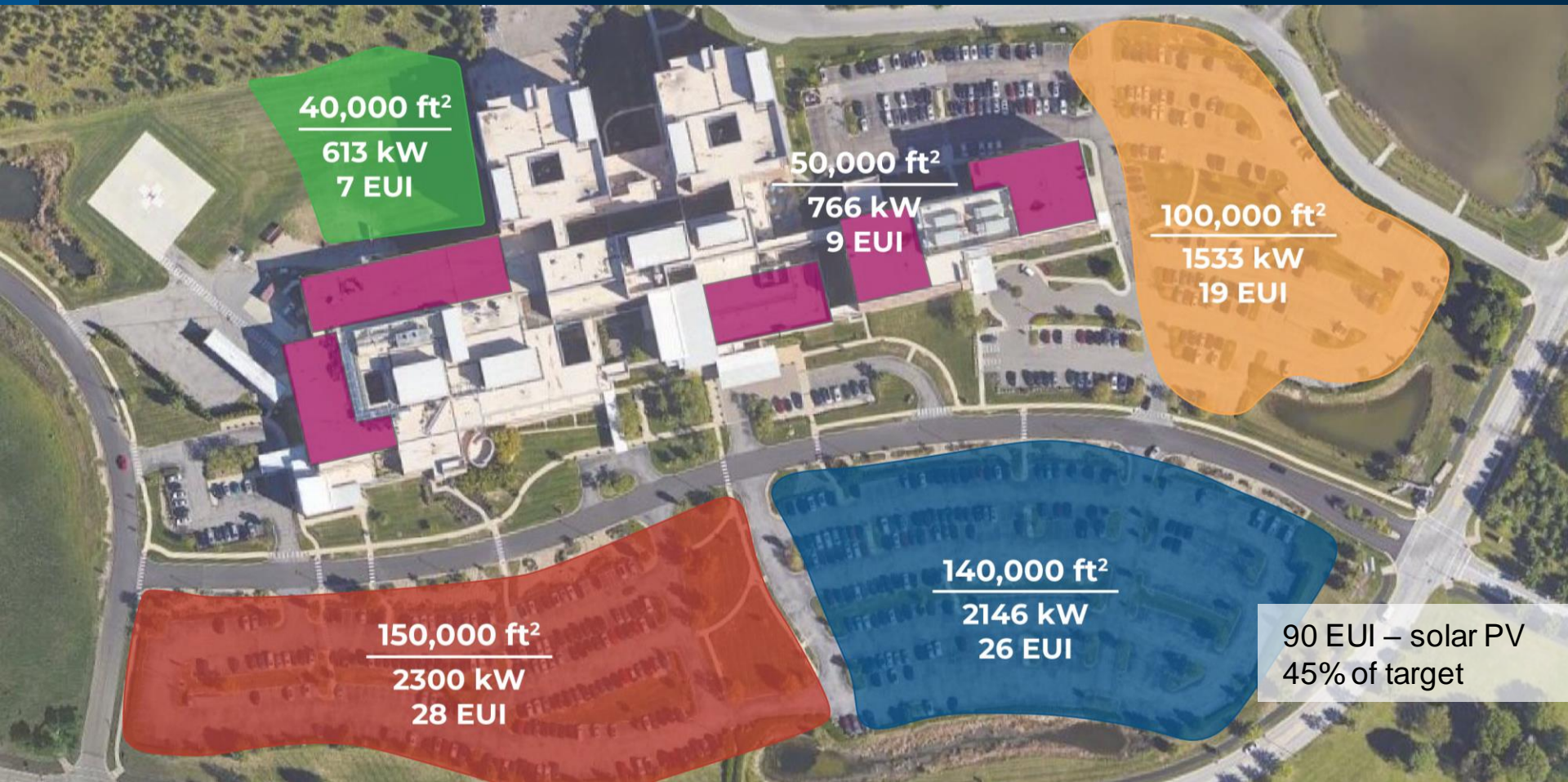


Component	Quantity	Scope	Estimated Cost
Steam Boilers (20000 btu/hr each)	3	Replace with electric boilers, air source heat pump, geothermal, or hybrid combination of these	\$1,200,000
Steam to HW heat exchanger	2	Remove or replace for conversion to LTHW*	\$500,000
AHU	9	Convert steam heating coils to LTHW	\$1,800,000
AHU humidification	7	Replace with electric or ultrasonic	\$1,400,000
Duct mounted humidification			
VAV boxes			
Radiant ceiling panels			
Baseboard			
Steam unit heaters (304 MbtH each)			
HW unit heaters (~70 MbtH each)			
HW cabinet heaters (~50 MbtH each)			

DMH Facility Improvement Projects Range: \$20,000,000 - \$30,000,000
 (Weatherized) Projects Range: \$14,000,000 - \$20,000,000

DMH Decarbonization Budget / Strategy

4. Renewable Energy



DMH Decarbonization Budget / Strategy

Component	Quantity	Scope
Steam boilers (10040 lb/hr each)	3	Replace with electric boilers, air source heat pump, geothermal, or hybrid combination of these
Steam to HW heat exchanger	2	Remove or replace for conversion to LTHW*
AHU	9	Convert steam heating coils to LTHW
AHU humidification	7	Replace with electric or adiabatic
Duct mounted humidification	14	Replace with electric or adiabatic
VAV boxes	513	Test heating capacities at LTHW, replace as required to meet load
Radiant ceiling panels	all patient rooms	Test heating capacities at LTHW, replace as required to meet load
Baseboard	7	Test heating capacities at LTHW, replace as required to meet load
Steam unit heaters (304 Mbh each)	5	Convert from steam to LTHW, extend HW piping (304 Mbh each)
HW unit heaters (~70 Mbh each)	4	Test heating capacities at LTHW, replace as required to meet load
HW cabinet heaters (~50 Mbh each)	13	Test heating capacities at LTHW, replace as required to meet load

*LTHW - Low Temperature Hot Water (130-135F is maximum HW supply temperature for current heat pump technology)

Decarbonization Scenario for preliminary budgetting
Air source heat pump with electric steam boilers for steam requirements. Maintain some gas for backup and peak loading.
Includes pumps/distribution of LTHW throughout facility. Consider keeping a steam HX for redundancy
Two coils per AHU. May need provisions for temporary air handling.
New outdoor electric steam generator near each AHU. Central electric boiler steam generation also possible.
New electric steam generation where required. Will require review of needs.
Assumes approx. 75% of coils will need replaced for LTHW.
Assumes approx 100 radiant ceiling panels will need replaced for LTHW.
Assumes 100% Baseboard heat will need replaced for LTHW.
Replace for LTHW or electric.
Assumes either additional 2 or replace 2 will be required.
Assumes 50% will need replaced for LTHW.

Other Decarbonization Considerations
Further evaluation would need to be completed when planning projects to determine if additional Central Utility Plant space may be required.
Further evaluation would need to be completed when planning projects to determine additional utility tunnels which may be required for larger LTHW piping.
Further evaluation would be needed when planning projects to determine extent of domestic water distribution for humidification.
Further evaluation would be needed when planning projects to determine method and capacity for water treatment systems serving humidification.
Further evaluation would need to be completed to determine extent of electrical infrastructure including service, distribution, and potential emergency power requirements.

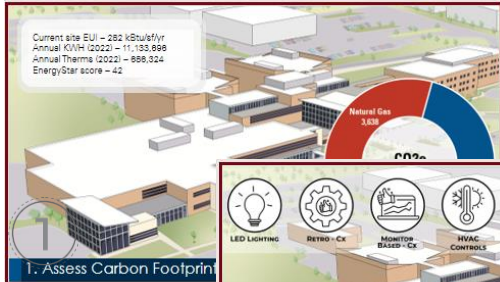
DMH Facility Improvements Projects Range:

\$20,000,000 - \$30,000,000

Photovoltaic Projects Range:

\$14,000,000 - \$20,000,000

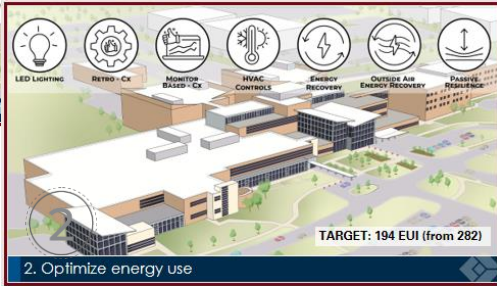
Key Steps



1. Assess Carbon Footprint

1

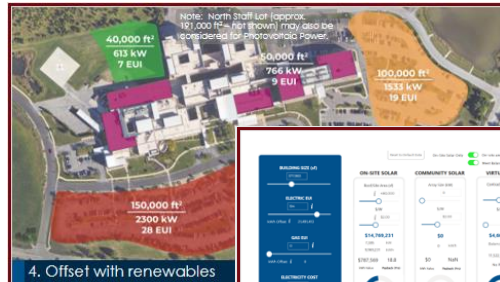
ASSESS



2. Optimize energy use

2

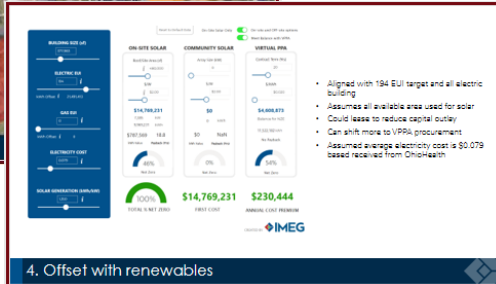
OPTIMIZE



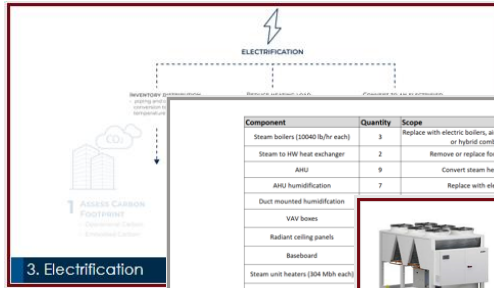
4. Offset with renewables

4

RENEWABLES



4. Offset with renewables



3. Electrification

3

ELECTRIFICATION

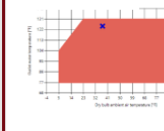
3. Electrification - Invert



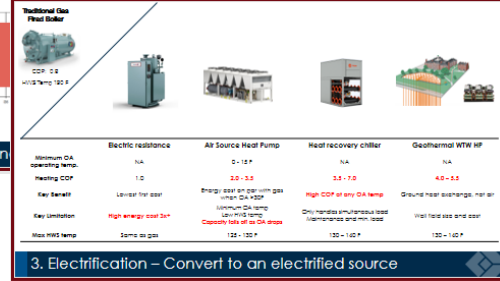
Objective

- Maximum HW supply temperature of 130-135F
- Existing HW calls designed for 180F; will lose capacity at 170W

Approach



3. Electrification - En



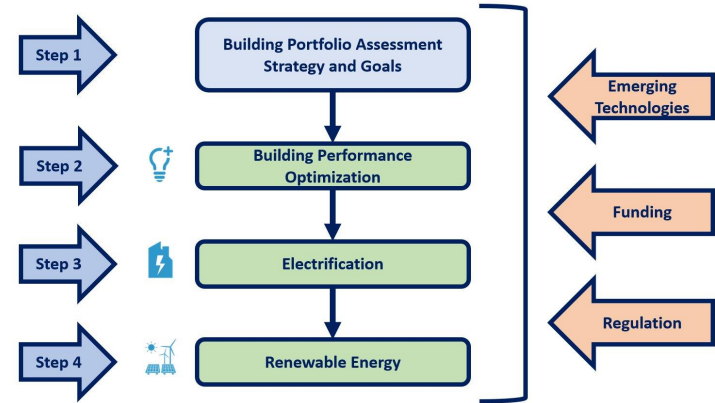
3. Electrification - Convert to an electrified source

Component	Quantity	Scope	Estimated Cost (\$)	Estimated Savings (\$)
Electricity (from OhioHealth)	10	100% of electricity used for building operations	\$14,769,231	\$14,769,231
On-site solar	1	100% of electricity used for building operations	\$14,769,231	\$14,769,231
Community solar	1	100% of electricity used for building operations	\$230,444	\$230,444
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On-site solar	1	100% of electricity used for building operations	\$14,769,231	\$14,769,231
Community solar	1	100% of electricity used for building operations	\$230,444	\$230,444

DMH Decarbonization Budget / Strategy

Customized, Dynamic Planning

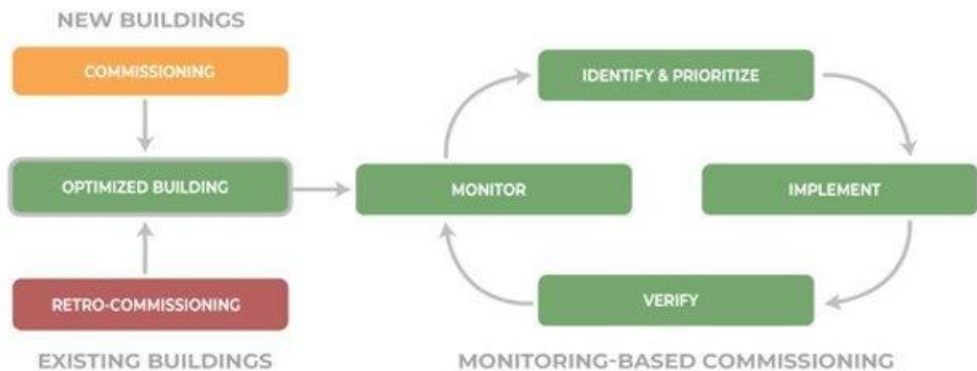
Do we have a dynamic process that addresses these questions continuously against external conditions – funding, regulations, emerging technologies?



1. Building portfolio: what do we have/what will we have?
2. Optimization: are we optimizing performance ... continuously?
3. Electrification: how are we preparing for/moving toward electrification?
4. Renewable energy: what renewable energy should we do ourselves to complement the electric grid?

Getting Started: Dynamic Planning

1. Strategy workshop
2. Utility data benchmarking and analytics
3. Initiate recurring strategy/review sessions
4. Retro-commissioning strategy/plan



Q & A



Adam McMillen

Director of Sustainability
IMEG

Adam.M.McMillen@imegcorp.com



Allie Periman

Building Performance Consultant
IMEG

Allie.A.Periman@imegcorp.com



Doug Sitton, PE

Sr. Principal
IMEG

Doug.D.Sitton@imegcorp.com



Continuous Building Performance Optimization and Decarbonization

